

BTI COLLEGE

A Revert's Journey in Islam

A guided 8-day journey for new Muslims — from your first words of faith to living Islam every day. Welcome to your new beginning.





Introduction

Islam means **submission to Allah**. As a new Muslim, your journey begins with understanding the foundation of faith and the words that connect you to your Creator every day.

The Shahada

Ashhadu an la ilaha illa Allah, wa ashhadu anna Muhammad rasul Allah – "I bear witness that there is no god but Allah, and Muhammad is His messenger."

The Five Pillars

01

Shahada

Declaration of faith

02

Salah

Five daily prayers

03

Zakah

Charitable giving

04

Sawm

Fasting in Ramadan

05

Hajj

Pilgrimage to Makkah

Daily Words to Learn

- **Bismillah** – In the name of Allah
- **Alhamdulillah** – All praise is due to Allah
- **SubhanAllah** – Glory be to Allah
- **Allahu Akbar** – Allah is the Greatest

"Allah intends ease for you, not hardship." (*Qur'an 2:185*)

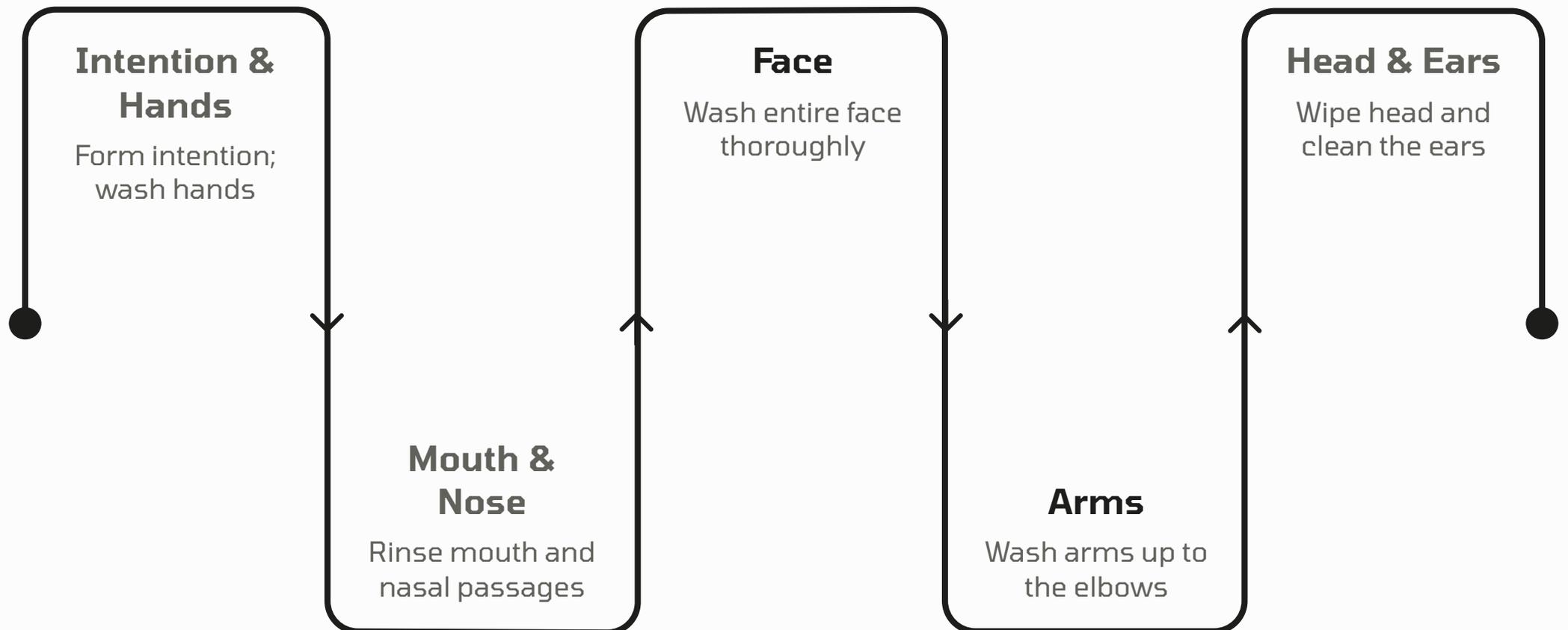
  **Homework:** Practice saying Bismillah & Alhamdulillah daily. Memorize the Shahada and its meaning.



Purification & Wudu (Ablution)

Cleanliness in Islam is both physical and spiritual. **Wudu** (ablution) is the ritual washing performed before prayer, purifying the body and preparing the heart to stand before Allah.

"Allah loves those who turn to Him in repentance and loves those who purify themselves." (*Qur'an 2:222*)



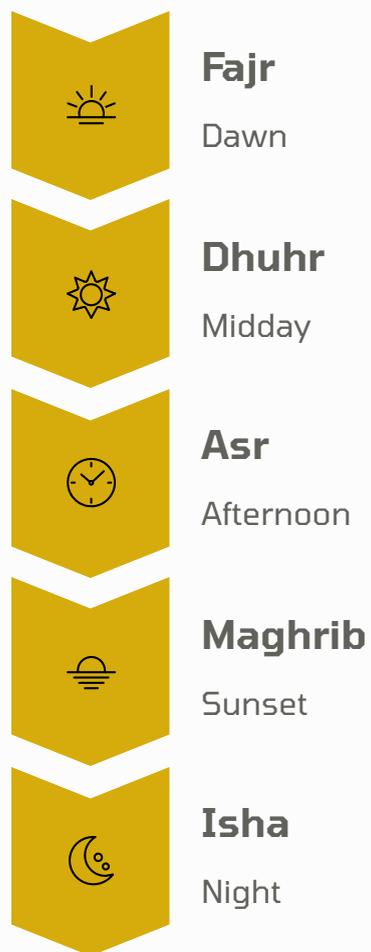
Wudu is required before every prayer. It is broken by using the restroom, sleeping, or passing gas. When performed with mindfulness, angels pray for your forgiveness: "When a servant performs wudu perfectly and prays, the angels pray for him, saying: 'O Allah, forgive him.'" (**Sahih Muslim 231**)

  **Homework:** Practice wudu once daily and memorize all the steps.



Salah (Prayer) – Step by Step

Prayer is the most direct connection between you and Allah. Muslims pray **five times daily**, and it is the first matter people will be judged on the Day of Resurrection (*Sunan An-Nasa'i 1395*).



Key Positions

- **Qiyam** – Standing
- **Ruku** – Bowing
- **Sujud** – Prostration

Key Arabic Phrases

- **Takbir** – Allahu Akbar
- **Tashahhud** – Testimony of faith
- **Tasleem** – Closing salutation

"Establish prayer and give zakah." (*Qur'an 2:43*)

  **Homework:** Practice one daily prayer. Learn the positions: standing, bowing, and prostration.



The Qur'an & How to Read It

The Qur'an is the word of Allah – the ultimate source of guidance for all of humanity. Learning to recite, respect, and understand it is a lifelong journey that begins with small, meaningful steps.



Surah Al-Fatihah

The Opening – recited in every unit of prayer. It is the most essential chapter to memorize first.



Surah Al-Ikhlās

The Sincerity – a powerful declaration of Allah's oneness, equal in reward to one-third of the Qur'an.

Respecting the Qur'an

- Handle it with clean hands
- Place it in a high, clean location
- Approach it with reverence and intention

"Indeed, this Qur'an guides to that which is most just." (*Qur'an* 17:9)

"The best of you are those who learn the Qur'an and teach it." (**Sahih Bukhari 5027**)

  **Homework:** Recite Al-Fatihah & Al-Ikhlās daily and learn their meanings.



Dua (Supplication) & Remembrance (Dhikr)

Dua is your personal conversation with Allah — you can ask for anything, anytime, in any language. **Dhikr** is the practice of remembering Allah throughout your day, keeping your heart connected to Him.

"And when My servants ask you concerning Me, indeed I am near." *(Qur'an 2:186)*



SubhanAllah

Glory be to Allah — praise His perfection



Alhamdulillah

All praise is due to Allah — express gratitude



Allahu Akbar

Allah is the Greatest — affirm His majesty



Astaghfirullah

I seek Allah's forgiveness — seek mercy and renewal

Practice morning and evening du'as regularly. The Prophet ﷺ said: *"Whoever says 'SubhanAllah wa bihamdih' one hundred times a day, will have his sins forgiven."* **(Sahih Bukhari 6407)**

 **Homework:** Practice dhikr and small du'as daily.



Fasting (Sawm) – Ramadan Basics

Fasting during Ramadan is prescribed for all able Muslims – abstaining from food, drink, and other desires from dawn to sunset. It cultivates **self-restraint, gratitude, and empathy** for those in need.

"O you who believe! Fasting is prescribed for you as it was prescribed for those before you, so that you may learn self-restraint." (*Qur'an 2:183*)

Benefits of Fasting

- **Spiritual Growth**

Deepens taqwa (God-consciousness)

- **Physical Health**

Detoxifies the body and builds discipline

- **Community Bond**

Shared experience unites the ummah

Who Is Excused?

- The ill or elderly
- Pregnant or nursing mothers
- Travelers
- Children before puberty

"Whoever fasts Ramadan out of faith and in hope of reward, his past sins will be forgiven." (**Sahih Bukhari 38**)

  **Homework:** Try fasting a day or half-day. Make your intention (niyyah) before the fast begins.



Zakah & Charity

Zakah is the obligatory annual charity – a pillar of Islam that purifies wealth and uplifts society. Beyond zakah, **sadaqah** (voluntary charity) is encouraged at every opportunity, no matter how small.

Zakah (Obligatory)

2.5% of savings given annually to those in need. It is a duty upon every Muslim who meets the threshold.

Sadaqah (Voluntary)

Any act of giving – money, time, a smile, or a kind word. There is no limit and no minimum.

"Those who spend in charity will have their reward with Allah."
(*Qur'an 2:261*)

The Prophet ﷺ said: "*The upper hand is better than the lower hand (the giver vs. the receiver).*" (**Sahih Bukhari 1415**)

  **Homework:** Give a small charity today and help someone in need.



Living Islam Daily – Etiquette & Character

Islam is not only practiced in prayer – it is lived through **honesty, kindness, patience**, and good character in every interaction. The Prophet ﷺ said the closest to Allah on the Day of Judgment will be **the best in character** (*Sahih Muslim 2629*).



Honesty & Integrity

Speak truthfully and keep your promises in all dealings.



Respect Parents & Elders

Honor your parents and show reverence to those older than you.



Social Manners

Greet others with salaam, smile often, and help those around you.



Patience & Kindness

Respond to hardship with patience and treat all people with compassion.

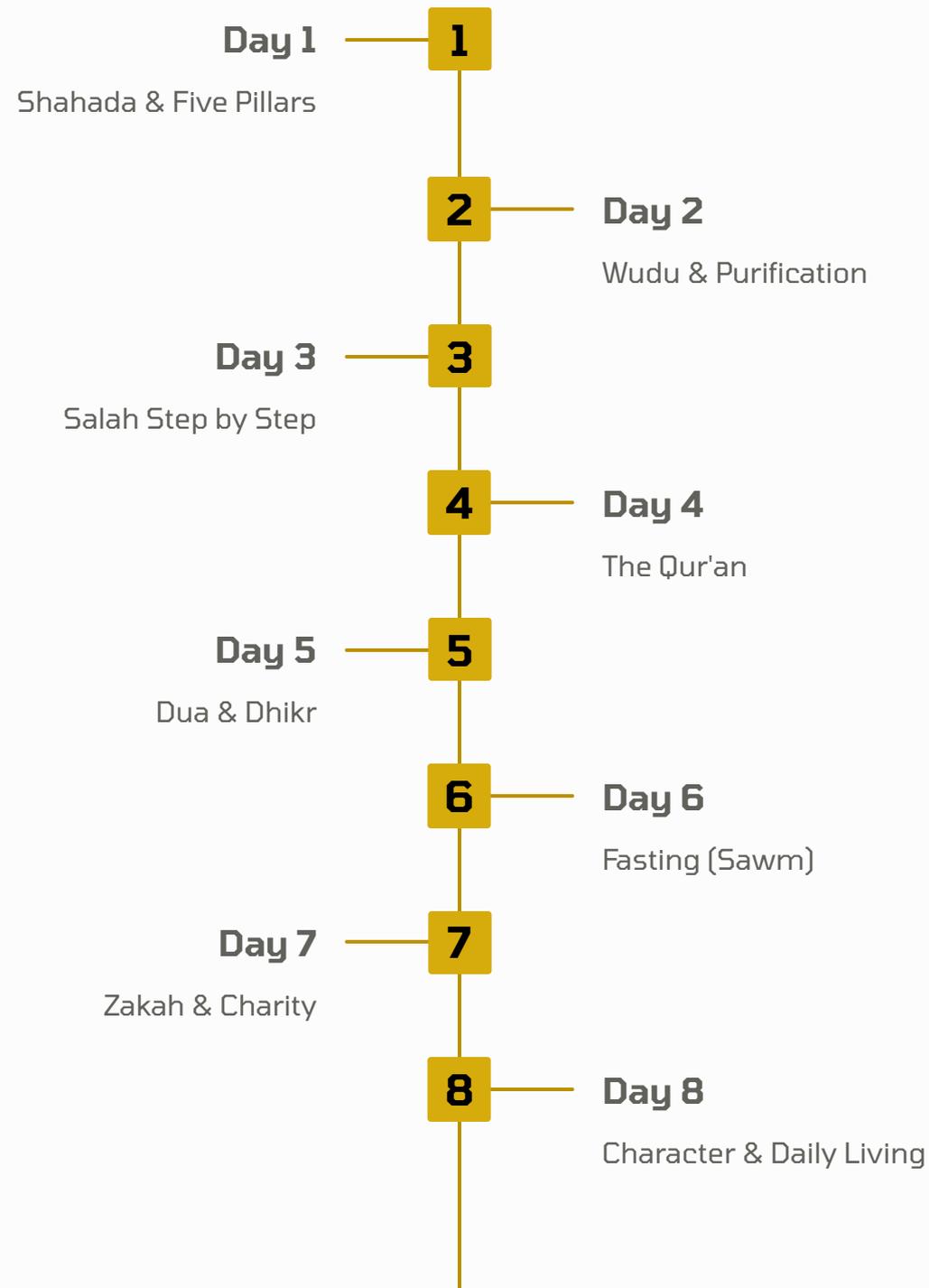
"Indeed, Allah commands justice, good conduct, and giving to relatives." (*Qur'an 16:90*)

  **Homework:** Practice one act of kindness daily. Reflect on everything you've learned this week.



Your Journey Has Just Begun

Over 8 days, you've built the foundations of a beautiful faith. Let's review the milestones of your journey.



"Allah intends ease for you, not hardship." (*Qur'an 2:185*)

Remember: Islam is a journey of continuous growth. Take it one step at a time, seek knowledge, stay connected to your community, and trust in Allah's mercy. **Welcome home.** 🌙